

Uitslagen OD Heren Overall 2009

			Zwemmen	t/m Fiets	Loop1	Loop2	Loop3	Loop4	Totaal	
1	Jerzy Kasemier	H24	Groningen	0:19:40,999	1:06:36,415	0:10:31,423	0:10:32,207	0:11:00,781	0:06:21,878	2:04:43,703
2	Vincent Bruins	H24	HOORN	0:20:16,702	1:10:39,765	0:09:44,481	0:09:50,354	0:09:50,008	0:05:46,634	2:06:07,944
3	Mark Oude Bennink	H20	GRONINGEN	0:19:34,343	1:11:43,577	0:09:45,691	0:09:55,679	0:09:56,147	0:05:36,852	2:06:32,289
4	Johan Neevel	H40	WEZEP	0:19:55,106	1:08:35,810	0:10:33,608	0:10:53,295	0:10:46,618	0:06:22,425	2:07:06,862
5	Matthijs van Scheijen	H24	RHENEN	0:19:39,384	1:11:16,392	0:09:58,700	0:10:50,712	0:11:05,313	0:06:29,274	2:09:19,775
6	Jasper van Olst	H24	GRONINGEN	0:19:50,594	1:14:36,847	0:10:10,768	0:10:13,869	0:10:23,586	0:05:59,410	2:11:15,074
7	Job Eijsink	H20	GRONINGEN	0:21:02,188	1:13:27,478	0:10:22,286	0:10:25,980	0:10:51,217	0:05:59,727	2:12:08,876
8	Bert Veldhuis	H40	SOEST	0:24:25,593	1:11:48,577	0:11:34,014	0:11:27,151	0:11:18,047	0:06:23,082	2:16:56,464
9	Freddy Dijk	H40	ASSEN	0:24:27,090	1:12:08,489	0:11:12,235	0:11:27,335	0:11:29,457	0:06:40,573	2:17:25,179
10	Fré Adema	H40	ORANJEWOUDE	0:24:59,837	1:13:21,405	0:11:37,739	0:11:31,561	0:11:26,294	0:06:23,140	2:19:19,976
11	Marcel ten Wolde	H24	GRONINGEN	0:27:57,277	1:13:56,570	0:10:53,309	0:11:00,157	0:11:13,832	0:06:17,158	2:21:18,303
12	Sjoerd Rijpkema	H24	ASSEN	0:24:21,726	1:14:18,916	0:12:00,930	0:12:05,732	0:12:03,150	0:06:54,435	2:21:44,889
13	Jeroen van der Vlist	H24	GRONINGEN	0:26:43,048	1:16:05,112	0:11:04,701	0:10:44,235	0:10:59,253	0:06:20,400	2:21:56,749
14	Richard Jong-A-Pin	H24	GRONINGEN	0:26:30,543	1:16:23,701	0:10:42,414	0:11:06,996	0:11:18,824	0:06:22,629	2:22:25,107
15	Ralf de Jong	H24	DRACHTEN	0:24:53,394	1:17:55,780	0:11:30,245	0:11:01,965	0:11:03,904	0:06:15,592	2:22:40,880
16	Ron Hendriks	H50	WIJCHEN	0:25:42,602	1:14:10,313	0:11:44,807	0:12:04,473	0:12:17,106	0:07:00,503	2:22:59,804
17	Gerard Terwisscha v S	H40	HAREN	0:26:22,029	1:14:16,423	0:11:51,092	0:12:03,258	0:12:11,225	0:07:08,400	2:23:52,427
18	Frits Riemersma	H50	HAREN	0:27:56,259	1:12:57,382	0:12:07,456	0:12:05,550	0:12:12,084	0:06:55,809	2:24:14,540
19	Guido Sala	H40	WAGENINGEN	0:26:41,374	1:16:30,101	0:11:18,393	0:11:41,947	0:11:57,454	0:06:40,612	2:24:49,881
20	Isidro Rubio	H50	PAPENDRECHT	0:24:40,377	1:17:35,035	0:11:48,935	0:11:55,844	0:12:11,738	0:06:46,424	2:24:58,353
21	Thomas van der Wal	H24	KLAZIENAVEEN	0:27:01,305	1:18:55,409	0:11:20,670	0:11:21,892	0:11:28,376	0:06:30,799	2:26:38,451
22	Peter van Ravenswaaij	H40	GRONINGEN	0:26:46,508	1:19:22,718	0:11:24,566	0:11:19,207	0:11:28,916	0:06:34,852	2:26:56,767
23	Paul de Boer	H24	HOLTEN	0:25:05,920	1:16:38,378	0:12:14,440	0:12:40,784	0:13:10,710	0:07:23,676	2:27:13,908
25	Johan de Jong	H24	HAREN	0:31:43,444	1:16:11,814	0:11:20,294	0:11:33,054	0:11:47,064	0:06:44,017	2:29:19,687
26	Jan de Beer	H50	DONGEN	0:25:03,279	1:20:20,306	0:12:30,043	0:12:20,161	0:12:43,909	0:07:01,128	2:29:58,826
27	Ronald Ernens	H40	ROLDE	0:24:32,440	1:19:51,086	0:12:36,728	0:12:47,072	0:12:59,535	0:07:21,365	2:30:08,226
28	Jan Willem de Bos	H40	GRONINGEN	0:26:47,889	1:17:21,220	0:13:30,580	0:13:07,345	0:13:01,944	0:07:34,181	2:31:23,159
29	Hans Spaans	H50	ARNHEM	0:25:11,548	1:21:06,561	0:12:50,075	0:12:49,097	0:12:45,035	0:07:03,239	2:31:45,555
31	Yme Woensdregt	H40	GRONINGEN	0:25:29,377	1:23:31,749	0:12:04,374	0:12:16,632	0:12:21,901	0:06:44,974	2:32:29,007
32	Gerrit ten Brinke	H60	PEIZE	0:31:29,752	1:16:35,242	0:12:21,703	0:12:27,723	0:12:40,365	0:07:06,443	2:32:41,228
33	Johny Nagelhout	H24	HEERENVEEN	0:30:37,438	1:23:48,322	0:11:05,089	0:11:10,239	0:11:21,751	0:06:17,607	2:34:20,446
34	Gerhard Wentink	H50	ROTTUM	0:28:17,418	1:19:04,788	0:13:15,641	0:13:23,185	0:13:30,965	0:07:20,487	2:34:52,484
35	Marcel Walstra	H40	JOURE	0:26:53,228	1:19:05,291	0:13:39,154	0:13:26,349	0:13:59,167	0:07:59,765	2:35:02,954

36 Henk Geerdink	H24	GRONINGEN	0:26:32,304	1:21:58,462	0:12:28,602	0:12:53,550	0:13:32,114	0:07:57,606	2:35:22,638
38 Tonnie Rolink	H40	KLAZIENAVEEN	0:26:19,381	1:22:37,726	0:13:00,165	0:12:59,508	0:13:19,697	0:07:48,773	2:36:05,250
40 Thijs van Diepen	H20	GRONINGEN	0:28:02,558	1:21:32,893	0:12:52,562	0:13:22,143	0:13:36,258	0:08:04,723	2:37:31,137
41 Uli Franke	H50	ASSEN	0:27:55,575	1:24:02,886	0:12:55,305	0:12:57,494	0:12:56,239	0:07:20,753	2:38:08,252
42 Niko Nielander	H24	GRONINGEN	0:24:57,066	1:24:42,936	0:13:12,831	0:14:12,860	0:14:32,044	0:07:45,680	2:39:23,417
44 Henk Nijman	H40	HAAKSBERGEN	0:26:45,191	1:21:41,643	0:13:59,042	0:14:21,437	0:14:46,643	0:08:27,713	2:40:01,669
46 Nathanael Groothuis	H24	GRONINGEN	0:28:53,240	1:20:29,606	0:13:52,541	0:14:17,007	0:14:45,603	0:08:45,392	2:41:03,389
48 Remko Swildens	H24	SAPPERMEER	0:25:32,878	1:27:24,355	0:14:48,746	0:14:01,812	0:14:34,829	0:08:06,858	2:44:29,478
49 Geert Kruiter	H50	MIDWOLDE	0:28:33,918	1:24:00,806	0:13:06,945	0:13:30,650	0:13:17,418	0:12:51,172	2:45:20,909
50 Gerard de Nooij	H40	HENGELO	0:28:12,483	1:27:04,272	0:13:54,131	0:14:08,874	0:14:09,017	0:07:52,841	2:45:21,618
51 Ronald Mertens	H40	GRONINGEN	0:31:21,171	1:24:07,028	0:13:37,583	0:14:12,308	0:14:10,623	0:07:53,265	2:45:21,978
52 Gerard Brand	H50	PUTTERSHOEK	0:28:01,455	1:25:04,526	0:14:27,799	0:14:59,068	0:14:56,244	0:07:59,998	2:45:29,090
53 Henk van de Woude	H40	EMMEN	0:32:35,494	1:27:04,947	0:13:01,768	0:12:56,266	0:12:52,429	0:07:21,630	2:45:52,534
54 Jan Kollé	H50	ZUIDLAREN	0:32:21,167	1:24:28,575	0:13:50,290	0:13:54,215	0:14:14,945	0:07:41,190	2:46:30,382
56 Hans Noordhof	H24	GRONINGEN	0:32:33,416	1:30:38,047	0:12:31,321	0:12:19,284	0:12:54,700	0:07:11,604	2:48:08,372
57 Ronald Stoffelsma	H50	NORG	0:31:18,972	1:28:19,218	0:13:26,663	0:13:50,729	0:15:04,061	0:08:30,835	2:50:30,478
58 Erwin Apperloo	H40	HAREN	0:29:07,402	1:30:31,558	0:14:45,859	0:14:23,615	0:14:57,527	0:08:06,284	2:51:52,245
59 Ruud van der Zande	H50	GRONINGEN	0:29:04,995	1:31:55,008	0:14:24,720	0:14:24,893	0:14:29,986	0:08:18,038	2:52:37,640
60 Robert van der Velden	H50	BOVENSILDE	0:30:30,546	1:28:08,820	0:15:48,974	0:15:21,668	0:14:47,199	0:08:38,892	2:53:16,099
61 Erik van der Straat	H40	NIJVERDAL	0:26:49,162	1:31:11,133	0:15:41,271	0:16:18,238	0:17:35,197	0:10:16,897	2:57:51,898
62 Theo Kappetein	H40	TERNEUZEN	0:31:05,365	1:28:10,080	0:15:56,835	0:16:47,989	0:16:59,623	0:09:06,907	2:58:06,799
63 Dave Woodbury	H40	LIMBRICHT	0:39:49,279	1:32:31,735	0:14:14,139	0:14:36,665	0:14:51,620	0:08:29,602	3:04:33,040
64 Pieter Cremer	H50	GORREDIJK	0:41:32,128	1:33:10,761	0:14:48,724	0:14:26,281	0:14:35,458	0:08:16,620	3:06:49,972

Uitslagen OD Dames Overall 2009

Pos	Firstname	Class	Hometown	Zwemmen	t/m Fiets	Loop1	Loop2	Loop3	Loop4	Totaal
39	Carin Ceelaert	D24	GRONINGEN	0:30:17	1:19:44	0:12:44	0:12:44	0:13:01	0:07:39	2:36:09
43	Brenda de Jong	D24	DRACHTEN	0:24:52	1:31:16	0:12:04	0:12:17	0:12:37	0:06:51	2:39:57
45	Audrey Middendorp	D24	GRONINGEN	0:24:55	1:23:19	0:13:51	0:14:34	0:15:03	0:08:50	2:40:33
65	Greetje Lanting	D60	PEIZE	0:38:25	1:35:24	0:17:14	0:17:37	0:17:33	0:10:04	3:16:16
66	Mirjam de la Chambre	D40	TERNEUZEN	0:35:53	1:40:12	0:16:31	0:17:25	0:17:23	0:09:31	3:16:55
67	Ineke Molenaar	D50	GRONINGEN	0:38:09	1:42:27	0:16:36	0:17:12	0:17:17	0:10:10	3:21:51
68	Kirsten Schade	D24	NURNBERG	0:35:44	1:52:24	0:15:32	0:16:50	0:17:18	0:09:39	3:27:27

TRIO

Pos	Firstname	Zwemmen	t/m Fiets	Loop1	Loop2	Loop3	Loop4	Totaal
69	Lilian Rodenburg Pieter Iedema Joran Iedema	0:24:56	1:19:20	0:10:40	RESPONDER	VERGETEN	MAAR WEL 1E	
24	Cathelijne Middendorp Sander Veenema Paco vd Reijden	0:25:07	1:23:40	0:10:40	0:10:54	0:11:22	0:06:29	2:28:12
30	Frank ter Brugge Jaap Hindriks Edgar Bakker	0:25:37	1:21:31	0:12:20	0:12:36	0:12:46	0:07:15	2:32:05
37	Robert Wever Jan Henk Kluin Mark Bos	0:26:36	1:24:29	0:12:18	0:07:29	0:12:41	0:12:29	2:36:02
47	Oscar van der Meulen Frans Oldersma Klaas Kloosterman	0:26:54	1:29:55	0:12:30	0:12:37	0:12:45	0:07:12	2:41:53
55	Jurgen Bruggink Joeval Benjamins/	0:27:23	1:30:32	0:13:34	0:14:00	0:14:30	0:08:05	2:48:04

Uitslagen Sprint Heren 2009

Pos	Firstname	Class	Hometown	ZwemmenTm	FietsenTm	Lopen1Tm	FinishTm	TotalTm
1	Mark Huisman	H24	ZUIDLAREN	0:06:48	0:38:06	0:10:10	0:05:38	1:00:42
2	Jan-Roelf Heerssema	H24	ENSCHEDÉ	0:07:30	0:38:55	0:10:24	0:05:53	1:02:42
3	Florian Schmidt	H24	EELDE	0:08:02	0:38:43	0:10:14	0:05:55	1:02:53
4	Arjen van der Krieke	H24	TIJNJE	0:07:30	0:40:01	0:10:29	0:05:54	1:03:54
5	Roukebert de Boer	H20	KOLLUMERZWAAG	0:06:59	0:40:34	0:10:42	0:06:05	1:04:21
6	Ruud Blikman	H24	HELLENDOORN	0:08:34	0:40:27	0:09:48	0:05:49	1:04:38
7	Bart van de Walle	H24	GRONINGEN	0:09:50	0:38:25	0:11:05	0:06:04	1:05:24
8	Hanno Zomermaand	H40	FRANEKER	0:07:46	0:39:39	0:11:24	0:06:41	1:05:30
9	Kars Eijsink	H16	BALKBRUG	0:06:52	0:42:16	0:10:46	0:06:05	1:05:59
10	Ben van Oeveren	H24	GRONINGEN	0:08:37	0:42:28	0:09:43	0:05:30	1:06:19
11	Rudi Jansen	H24	MARKELO	0:08:45	0:41:03	0:10:47	0:06:05	1:06:40
12	Marco Janssen	H24	DEN HAAG	0:09:33	0:41:34	0:10:08	0:05:46	1:07:01
13	Maarten Drissen	H20	VEENDAM	0:07:35	0:41:12	0:11:56	0:06:18	1:07:01
14	Jan Reiffers	H40	GRONINGEN	0:08:29	0:41:00	0:11:25	0:06:35	1:07:28
15	Koen Kerklaan	H24	UTRECHT	0:10:39	0:40:08	0:11:03	0:06:16	1:08:05
16	Wim van Houtert	H24	GRONINGEN	0:09:54	0:40:02	0:11:42	0:06:47	1:08:25
17	Hans Everts	H20	HENGÉLO	0:09:25	0:40:34	0:11:51	0:06:44	1:08:33
18	Johan Lek	H40	EMMEN	0:09:27	0:41:13	0:11:24	0:06:47	1:08:51
19	Jan van der Sleet	H40	GRONINGEN	0:08:08	0:41:47	0:12:56	0:07:17	1:10:08
20	Oane van der Heide	H20	ZWAAGWESTEINDE	0:07:26	0:44:24	0:11:51	0:06:42	1:10:23
21	Mark Hoefman	H24	GRONINGEN	0:09:01	0:42:46	0:12:16	0:06:46	1:10:48
22	Thijs Schoots	H20	AMSTELVEEN	0:10:53	0:42:18	0:11:16	0:06:28	1:10:56
23	Thijs Rood	H24	GRONINGEN	0:09:55	0:44:24	0:10:23	0:06:16	1:10:58
24	Folkert Huisma	H24	DRACHTEN	0:08:40	0:43:40	0:12:10	0:06:37	1:11:06
25	Frank Berghuis	H24	GRONINGEN	0:08:48	0:44:15	0:11:58	0:06:35	1:11:35
26	Robert Jan Oosterling	H40	GRONINGEN	0:08:07	0:46:23	0:11:00	0:06:08	1:11:38
27	Richard Geijteman	H40	GORREDIJK	0:09:35	0:43:26	0:12:02	0:06:35	1:11:38
28	Johny Stoppels	H40	HOLWIERDE	0:09:21	0:43:23	0:12:09	0:06:54	1:11:47
29	Tijmen Smit	H20	BERGENTHEIM	0:08:01	0:44:37	0:12:33	0:07:05	1:12:16
30	Arjen Smedes	H24	GRONINGEN	0:10:03	0:44:05	0:11:40	0:06:44	1:12:31
31	Mattijs Vinkesteijn	H24	AMSTELVEEN	0:11:47	0:41:23	0:12:19	0:07:05	1:12:34
32	Dries Lesterhuis	H24	GRONINGEN	0:08:31	0:44:47	0:12:14	0:07:05	1:12:37
33	Gerard Ypma	H24	AMSTERDAM	0:10:46	0:44:26	0:11:43	0:06:19	1:13:15

34 Willem Posthoorn	H24	GRONINGEN	0:10:45	0:43:58	0:11:26	0:07:06	1:13:15
35 Dennis Wennemars	H24	GRONINGEN	0:11:17	0:44:03	0:12:03	0:06:53	1:14:16
36 Andre Bus	H40	GRONINGEN	0:08:56	0:44:18	0:13:29	0:07:37	1:14:20
37 Gerben Klaver	H24	GRONINGEN	0:12:05	0:41:59	0:13:18	0:07:26	1:14:48
38 Roland Bleijenberg	H24	GRONINGEN	0:09:48	0:45:57	0:12:15	0:06:57	1:14:59
39 Gertjan Hulzinga	H24	GRONINGEN	0:12:02	0:44:07	0:12:13	0:07:02	1:15:24
40 Daniel Mulder	H24	MARUM	0:10:51	0:45:22	0:12:12	0:07:08	1:15:32
41 Wim Casparie	H50	GRONINGEN	0:08:58	0:45:23	0:13:34	0:07:36	1:15:32
42 Jan Willem Greidanus	H24	GRONINGEN	0:10:57	0:43:47	0:13:39	0:07:09	1:15:33
43 Jacob Pathuis	H24	GRONINGEN	0:11:07	0:43:51	0:13:07	0:07:28	1:15:33
44 Theo Bosma	H24	GRONINGEN	0:10:52	0:44:39	0:13:20	0:07:35	1:16:27
45 Vincent Harder	H24	GRONINGEN	0:09:47	0:46:28	0:13:31	0:06:56	1:16:42
46 Marco Berends	H20	WATERINGEN	0:12:49	0:43:37	0:12:56	0:07:31	1:16:53
47 Adrie Rink	H50	GRONINGEN	0:10:57	0:46:44	0:12:29	0:07:03	1:17:13
48 Jeroen Busscher	H24	GRONINGEN	0:10:19	0:44:19	0:14:33	0:08:12	1:17:23
49 Bart Kooi	H20	GRONINGEN	0:09:51	0:45:52	0:13:37	0:08:25	1:17:44
50 Barry Vaartjes	H24	GRONINGEN	0:11:17	0:47:44	0:12:05	0:06:38	1:17:44
51 Peter Weinans	H40	GENDRINGEN	0:11:28	0:48:26	0:12:01	0:06:18	1:18:13
52 Wiltze Veenstra	H20	GRONINGEN	0:11:04	0:48:18	0:12:13	0:06:48	1:18:22
53 Matthijs ten Hove	H24	GRONINGEN	0:11:51	0:45:49	0:13:22	0:07:27	1:18:28
54 Erik Zwart	H24	WINSUM GN	0:11:37	0:47:17	0:12:37	0:06:58	1:18:29
55 Paul Harmsen	H20	GRONINGEN	0:12:38	0:45:45	0:13:01	0:07:12	1:18:36
56 Jan van Dijk	H50	GRONINGEN	0:10:22	0:46:46	0:13:49	0:07:49	1:18:46
57 Joost Rusius	H24	GRONINGEN	0:09:48	0:43:10	0:12:59	0:12:52	1:18:49
58 Marco Santing	H24	HOLTEN	0:12:01	0:46:07	0:13:21	0:07:22	1:18:51
59 Geert Tjeerdsma	H20	GRONINGEN	0:12:36	0:47:05	0:12:20	0:07:04	1:19:05
60 Walter Nuiten	H20	GRONINGEN	0:10:54	0:48:50	0:12:17	0:07:04	1:19:06
61 Marco Rink	H24	GRONINGEN	0:10:43	0:45:57	0:14:52	0:07:40	1:19:11
62 Roelof Berends	H50	OUDESCHIP	0:12:25	0:47:59	0:12:30	0:06:33	1:19:26
63 Tim Stoffelsma	H18	NORG	0:11:05	0:48:28	0:12:54	0:07:01	1:19:29
64 Jaap Meijering	H50	RODEN	0:10:55	0:47:04	0:14:02	0:07:37	1:19:38
65 Dorus Wolfert	H20	GRONINGEN	0:10:41	0:49:06	0:12:21	0:07:32	1:19:39
66 Ronald Bloemendal	H40	ERICA	0:10:37	0:45:19	0:15:15	0:08:43	1:19:54
67 Bert ter Harkel	H40	GRONINGEN	0:11:40	0:47:59	0:12:59	0:07:18	1:19:56
68 Edwin Busch	H40	MIDWOLDE	0:10:13	0:49:33	0:13:05	0:07:09	1:20:01
69 Rens Salomé	H24	AMSTELVEEN	0:16:40	0:44:42	0:12:17	0:06:56	1:20:35

70 Karel Badenhorst	H24	HAREN	0:10:17	0:50:48	0:12:39	0:07:05	1:20:49
71 Eelke Mulder	H20	GRONINGEN	0:10:46	0:48:03	0:12:51	0:09:10	1:20:49
72 Richard Huisman	H18	GRONINGEN	0:11:53	0:47:11	0:10:49	0:11:15	1:21:07
73 Jeroen Grevink	H24	Groningen	0:11:17	0:47:46	0:13:53	0:08:12	1:21:08
74 Ruben Kuiper	H20	GRONINGEN	0:12:57	0:50:55	0:11:14	0:06:25	1:21:31
75 Maarten Torensma	H24	GRONINGEN	0:10:48	0:51:07	0:12:21	0:07:37	1:21:53
76 Jos Baar	H20	GRONINGEN	0:11:46	0:49:43	0:12:52	0:07:36	1:21:57
77 Henk-Jan Klaver	H24	GRONINGEN	0:11:06	0:49:23	0:13:52	0:07:37	1:21:57
78 Niels van As	H20	GRONINGEN	0:10:47	0:49:53	0:13:43	0:07:45	1:22:08
79 Sjon de Haan	H40	BALLUM	0:10:14	0:49:47	0:14:05	0:08:07	1:22:12
80 Rienk van der Togt	H20	GRONINGEN	0:12:55	0:52:09	0:11:19	0:06:15	1:22:38
81 Jesse Nagelmaeker	H20	GRONINGEN	0:12:47	0:49:53	0:12:44	0:07:17	1:22:40
82 Bart-Carel Olde Boerrigter	H20	GRONINGEN	0:12:47	0:55:34	0:07:03	0:07:17	1:22:40
83 Gijs Holthof	H20	GRONINGEN	0:12:48	0:49:17	0:13:14	0:07:25	1:22:44
84 Wytze de Jong	H20	GRONINGEN	0:11:59	0:56:36	0:06:46	0:07:25	1:22:46
85 Rik de Haan	H40	ZUIDLAREN	0:11:08	0:49:19	0:14:17	0:08:26	1:23:10
86 Henk Veenstra	H24	DRACHTEN	0:11:36	0:52:36	0:12:16	0:06:47	1:23:14
87 Rudolf Kamphuis	H40	ASSEN	0:09:39	0:52:20	0:13:58	0:07:34	1:23:31
88 Pieter Tienstra	H40	WINSUM	0:09:54	0:48:32	0:15:50	0:09:18	1:23:34
89 Arjen Cremers	H20	GRONINGEN	0:10:31	0:53:38	0:12:09	0:07:29	1:23:47
90 Gerrit Dijk	H24	BOERAKKER	0:13:02	0:48:15	0:14:13	0:08:31	1:24:01
91 Erwin Boer	H40	WILDERVANK	0:12:18	0:56:20	0:00:01	0:15:37	1:24:15
92 Joram Tromp	H20	GRONINGEN	0:10:25	0:49:46	0:15:19	0:08:48	1:24:18
93 Jos Bonte	H24	MEPPEL	0:11:41	0:52:53	0:13:14	0:07:13	1:25:01
94 Jack Kuper	H24	SLOCHTEREN	0:11:28	0:48:37	0:15:51	0:09:06	1:25:02
95 John Finck	H24	GRIJPSKERK	0:12:13	0:50:44	0:14:31	0:07:41	1:25:09
96 Kasper Blaauw	H20	GRONINGEN	0:12:01	0:52:22	0:13:12	0:07:41	1:25:16
97 Roelf Cats	H20	GRONINGEN	0:12:03	0:51:31	0:14:00	0:07:47	1:25:22
98 Drewes Schuurman	H60	STEENWIJK	0:08:46	0:46:49	0:18:46	0:11:08	1:25:29
99 Jeroen le Roux	H20	GRONINGEN	0:12:03	0:52:55	0:13:11	0:07:29	1:25:37
100 Hielke van der Lei	H20	GRONINGEN	0:11:30	0:52:15	0:13:38	0:08:17	1:25:40
101 Marco Rink	H24	GRONINGEN	0:17:12	0:45:57	0:14:52	0:07:40	1:25:40
102 Aryan Taghipoor	H24	GRONINGEN	0:12:39	0:52:00	0:13:29	0:07:33	1:25:41
103 Mike Wilms	H20	GRONINGEN	0:11:42	0:53:15	0:13:23	0:07:23	1:25:43
104 Bas van Rheenen	H24	GRONINGEN	0:12:04	0:54:42	0:12:38	0:06:54	1:26:18
105 Hendrik Planting	H20	GRONINGEN	0:10:23	0:48:31	0:13:10	0:14:34	1:26:39

106 Martijn Huijgen	H18	GRONINGEN	0:12:45	0:52:24	0:14:21	0:07:47	1:27:17
107 Alex van der Spoel	H18	GRONINGEN	0:10:39	0:54:04	0:14:17	0:08:17	1:27:18
108 Holger Neef	H24	GRONINGEN	0:12:27	0:50:09	0:15:52	0:09:20	1:27:47
109 Michel Luttje	H24	GRONINGEN	0:11:01	0:54:07	0:13:52	0:08:49	1:27:50
110 P. Kluin	H60	GRONINGEN	0:14:37	0:48:01	0:16:05	0:09:10	1:27:53
111 Paul van der Zee	H24	GRONINGEN	0:13:01	0:52:23	0:14:33	0:08:34	1:28:31
112 Rik Wilting	H20	GRONINGEN	0:12:11	0:52:57	0:14:41	0:08:48	1:28:36
113 Jochum Casemier	H24	GRONINGEN	0:12:56	0:50:42	0:15:32	0:09:55	1:29:04
114 Riekele Heida	H60	HEERENVEEN	0:12:12	0:53:16	0:15:16	0:08:30	1:29:14
115 Erik Bakker	H20	GRONINGEN	0:11:48	0:51:45	0:16:57	0:08:53	1:29:24
116 Pascal Blok	H20	ASSEN	0:16:31	0:53:40	0:12:50	0:07:32	1:30:34
117 Peter Joustra	H20	GRONINGEN	0:12:56	0:55:03	0:14:54	0:08:16	1:31:09
118 Jeroen Vincent	H40	EELDERWOLDE	0:13:01	0:53:52	0:15:39	0:09:29	1:32:02
119 Jorrit Wielinga	H20	GRONINGEN	0:12:25	0:59:01	0:15:51	0:07:34	1:34:51
120 Jordy Onsia	H20	GRONINGEN	0:12:57	1:00:54	0:13:08	0:08:03	1:35:02
121 Ward Mariman	H20	GRONINGEN	0:12:03	0:58:11	0:16:19	0:09:43	1:36:16
122 Reint Ramaker	H24	GRONINGEN	0:13:02	0:59:04	0:15:39	0:08:40	1:36:24
123 Mathijs van den Hoek	H20	GRONINGEN	0:13:35	1:03:58	0:10:24	0:11:09	1:39:06
124 Bas Kuurman	H20	GRONINGEN	0:14:48	1:05:43	0:17:46	0:09:36	1:47:52

Uitslagen Sprint Dames 2009

Pos	Firstname	Class	Hometown	ZwemmenTm	FietsenTm	Lopen1Tm	FinishTm	TotalTm
1	Nienke Vlak	D24	GRONINGEN	0:09:37	0:44:08	0:11:28	0:06:43	1:11:57
2	Marieke van der Vegt	D24	GRONINGEN	0:07:53	0:45:21	0:12:28	0:06:59	1:12:41
3	Nienke Dijk	D24	HOLTEN	0:10:24	0:43:45	0:12:09	0:06:50	1:13:08
4	Gea Hut	D24	HAULERWIJK	0:08:33	0:45:21	0:12:32	0:07:36	1:14:03
5	Judith Kremers	D24	BEILEN	0:08:29	0:45:47	0:13:31	0:08:08	1:15:54
6	Lyan Blikman	D20	GRONINGEN	0:10:25	0:43:48	0:14:10	0:08:15	1:16:38
7	Jenneke Deelstra	D24	GRONINGEN	0:09:33	0:47:52	0:12:54	0:07:21	1:17:41
8	Marieke van Hunen	D20	GRONINGEN	0:10:32	0:48:07	0:12:38	0:06:58	1:18:16
9	Wilma de Vries	D24	GRONINGEN	0:08:35	0:49:03	0:13:28	0:07:29	1:18:35
10	Katrien Santema	D20	GRIJPSKERK	0:12:08	0:51:03	0:02:41	0:15:50	1:19:01
11	Jansien van Dijk	D20	GRONINGEN	0:07:57	0:49:51	0:13:32	0:07:44	1:19:04
12	Eva Kaltenbacher	D20	GRONINGEN	0:09:32	0:47:46	0:14:22	0:07:50	1:19:30
13	Anna Versteeg	D24	UTRECHT	0:12:15	0:46:16	0:13:30	0:07:35	1:19:37
14	Pol Wijnberg	D40	STITSWERD	0:10:54	0:47:04	0:14:02	0:07:56	1:19:56
15	Corina Strikwerda	D20	GRONINGEN	0:11:28	0:47:19	0:13:31	0:07:57	1:20:15
16	Jeannette Koene	D40	PAPENDRECHT	0:08:42	0:52:10	0:12:29	0:07:04	1:20:25
17	Anouk Alberts	D24	GRONINGEN	0:10:35	0:49:26	0:14:08	0:07:58	1:22:07
18	Tineke van Berkum	D40	ECHTENERBRUG	0:10:51	0:49:16	0:13:53	0:08:17	1:22:18
19	Astrid Weinans	D40	GENDRINGEN	0:13:04	0:54:37	0:00:35	0:15:20	1:23:00
20	Judith Nintemann	D24		0:11:56	0:49:09	0:13:42	0:08:29	1:23:16
21	Margreet Teelken	D24	GRONINGEN	0:11:49	0:47:45	0:15:42	0:08:45	1:24:01
22	Tammoa Kasemier	D60	GRONINGEN	0:10:31	0:50:27	0:15:07	0:08:12	1:24:18
23	Ingrid Koopman	D60	UTRECHT	0:11:23	0:49:50	0:14:40	0:08:26	1:24:19
24	Marijke Dijkstra	D20	GRONINGEN	0:11:34	0:58:29	0:01:08	0:15:10	1:25:12
25	Jolien Mensink	D20	GRONINGEN	0:11:15	0:53:31	0:13:37	0:08:09	1:26:32
26	Christal Meijer	D20	GRONINGEN	0:11:03	0:52:11	0:15:19	0:09:18	1:27:51
27	Jasmijn Bloemert	D24	GRONINGEN	0:11:10	0:54:17	0:14:24	0:08:04	1:27:55
28	Mieke van den Broek	D40	GRONINGEN	0:10:58	0:51:56	0:15:59	0:09:28	1:28:21

29 Joyce Bloemert	D24	MEPPEL	0:12:53	0:51:18	0:15:33	0:08:45	1:28:29
30 Dorien Zelle	D24	GRONINGEN	0:12:16	0:52:55	0:15:21	0:08:30	1:29:01
31 Mandy Mulder	D20	GRONINGEN	0:12:59	0:56:15	0:12:40	0:07:21	1:29:15
32 Marjanne van Wijk	D20	GRONINGEN	0:11:18	0:55:08	0:14:35	0:08:33	1:29:34
33 Carmen Lip	D20	GRONINGEN	0:11:33	0:56:49	0:13:31	0:07:58	1:29:51
34 Lucy de Vries	D40	GRONINGEN	0:11:55	0:57:06	0:13:44	0:07:41	1:30:26
35 Rieneke Rispens	D40	GRONINGEN	0:12:57	0:53:50	0:15:44	0:08:30	1:31:01
36 Annelot van den Hoek	D18	GRONINGEN	0:10:18	0:54:08	0:17:17	0:09:48	1:31:31
37 Kim Bakker	D20	GRONINGEN	0:12:19	0:55:37	0:08:25	0:15:22	1:31:42
38 Maaïke van Dartel	D20	GRONINGEN	0:13:03	0:54:38	0:15:40	0:09:14	1:32:35
39 Hanna Timmer	D24	GRONINGEN	0:12:52	0:52:44	0:17:13	0:09:48	1:32:37
40 Loes Wilming	D20	GRONINGEN	0:10:47	0:54:39	0:17:23	0:09:50	1:32:39
41 Anne-Loes Weusthof	D18	GRONINGEN	0:11:33	0:55:32	0:16:35	0:09:23	1:33:03
42 Karlien Luten	D24	GRONINGEN	0:12:31	0:54:38	0:16:27	0:09:41	1:33:18
43 Minke Twijnstra	D24	Groningen	0:11:04	0:48:44	0:16:35	0:18:05	1:34:28
44 Renske de Vries	D40	GRONINGEN	0:13:51	0:54:36	0:16:36	0:09:39	1:34:43
45 Elisa Nijenhuis	D18	GRONINGEN	0:12:04	0:54:08	0:17:59	0:10:55	1:35:06
46 Nathalie Ernten	D20	GRONINGEN	0:12:09	1:00:30	0:11:53	0:11:01	1:35:33
47 Marleen van Delden	D20	GRONINGEN	0:14:18	0:56:33	0:15:48	0:09:19	1:35:58
48 Yvonne Smulders	D24	NIJMEGEN	0:12:05	0:58:31	0:16:04	0:09:28	1:36:08
49 Iety Conradi	D24	GRONINGEN	0:14:17	0:56:19	0:16:03	0:09:28	1:36:08
50 Anne-Marie Heidstra	D20	GRONINGEN	0:13:00	0:58:13	0:16:18	0:09:45	1:37:17
51 Lindy Prins	D18	GRONINGEN	0:14:16	0:58:05	0:15:56	0:09:26	1:37:43
52 Hekhuis	D20	GRONINGEN	0:12:47	0:59:53	0:16:51	0:10:05	1:39:36
53 Carolien Hoiting	D24	GRONINGEN	0:13:03	1:00:28	0:17:27	0:09:33	1:40:30
54 Manon Bos	D18	GRONINGEN	0:12:12	0:58:24	0:19:04	0:11:01	1:40:42
55 Berdien Elling	D20	GRONINGEN	0:12:15	1:00:24	0:17:43	0:10:44	1:41:06
56 Nicky van Wijngaeren	D20	GRONINGEN	0:12:53	1:01:52	0:19:27	0:10:38	1:44:49
57 Corrine Alberts	D24	GRONINGEN	0:09:19	1:24:38	0:13:02	0:07:22	1:54:21
58 Astrid Zijlstra	D40	LEKKUM	0:13:53	1:21:25	0:10:35	0:10:53	1:56:45
59 Joke Cremer-Bakker	D50	GORREDIJK	0:20:31	1:09:42	0:18:36	0:10:27	1:59:16

Uitslagen Sprint Trio 2009

Pos	Firstname	Hometown	ZwemmenTm	FietsenTm	Lopen1Tm	FinishTm	TotalTm
1	Anne Buunk/Linda Hoving/Astrid Van DerMaten	Zout	0:10:34	0:38:36	0:14:03	0:08:25	1:11:37
2	Asuka Ashida/Oscar Widerberg/Bertil Abbing	The Thrihuggers	0:08:16	0:44:27	0:12:54	0:08:01	1:13:37
3	Hans Wind/Marieke de Rooij/Rozemarijn Tromp	Team Terglobo	0:10:34	0:46:20	0:12:43	0:07:14	1:16:51
4	DerMaten	Peper	0:10:43	0:46:53	0:13:05	0:07:35	1:18:17
5	Dennie Blaauw/Anna de Kok/Carien v.d. Meulen		0:11:44	0:55:33	0:15:09	0:08:32	1:30:58
6	Marleen Janssen/Joke Janssen/Fabian Altena	Team Marleen	0:15:53	1:02:13	0:13:01	0:07:32	1:38:39

Uitslagen Jeugd 2009

Eindtijd	Naam voluit	Geslacht	Woonplaats	Geb. Datum
0:17:52	Bodi Del Grosso	M	EELDE	14-3-2001
0:22:05	Desanka Stoppels	V	HOLWIERDE	23-6-2001
0:25:39	Aukje Vellinga	V	GRONINGEN	21-3-2001

	Naam voluit	Geslacht	Woonplaats	Geb. Datum
0:26:31	Rowan Veenhuizen	M	EKEHAAR	17-10-1998
0:27:44	Tom Hendrikse	M	ASSEN	11-8-1998
0:28:21	Guus Pigge	M	ASSEN	13-11-1998
0:28:39	Janine Walters	V	ASSEN	1-2-1998
0:29:28	Sander Faassen	M	Assen	12-8-1998
0:30:00	Iris Hulst	V	Assen	22-8-1998

	Naam voluit	Geslacht	Woonplaats	Geb. Datum
0:30:49	Yorick Veenhuizen	M	EKEHAAR	18-3-1996
0:32:30	Marlou Meijer	V	ASSEN	2-8-1995
0:32:59	Nick Smidt	M	Assen	12-5-1997
0:33:16	Mike Meijer	M	ASSEN	7-6-1997
0:34:23	Marlene Zwaneveld	V	ASSEN	18-11-1997
0:44:38	Tuzo de Haan	M	BALLUM-AMELAND	11-8-1996