

## Kwart Triathlon

			Zwemmen	Fietsen	Lopen	Totaal	Achter	
1.	162	Stefan van der Pal	M	14:53 (1)	1:09:52 (1)	40:59 (2)	2:05:45	
2.	113	Rudi Jansen	M	15:49 (4)	1:10:23 (2)	41:19 (4)	2:07:33	01:48
3.	176	Jacob Veenstra	M	15:29 (2)	1:11:15 (3)	43:30 (5)	2:10:14	04:29
4.	168	Arie de Jong	M	16:26 (7)	1:18:55 (21)	41:14 (3)	2:16:36	10:51
5.	118	Harm-Jan Stuut	M	18:17 (17)	1:15:12 (9)	46:10 (6)	2:19:40	13:55
6.	161	Marco Douma	M	20:35 (50)	1:11:54 (4)	47:30 (13)	2:20:00	14:15
7.	196	Esther de Vries	V	17:55 (12)	1:15:39 (11)	47:02 (11)	2:20:37	14:52
8.	144	Jos van Barneveld	M	19:53 (41)	1:14:45 (8)	46:42 (9)	2:21:21	15:36
9.	197	Sanne Tebbens-Buisman	V	15:54 (6)	1:19:03 (23)	46:42 (8)	2:21:40	15:55
10.	179	Edwin Horstman	M	15:51 (5)	1:14:06 (7)	52:42 (35)	2:22:40	16:55
11.	114	Erik Elbers	M	18:54 (30)	1:19:05 (24)	46:57 (10)	2:24:58	19:13
12.	148	Marcel Dijkstra	M	19:00 (33)	1:17:11 (15)	49:07 (21)	2:25:19	19:34
13.	106	Erik-Jan Thalen	M	22:53 (70)	1:13:08 (6)	49:39 (22)	2:25:41	19:56
14.	116	Nico Langedijk	M	18:05 (15)	1:20:08 (30)	48:49 (18)	2:27:03	21:18
15.	170	Fred Geuzinge	M	18:51 (28)	1:16:18 (13)	52:12 (30)	2:27:23	21:38
16.	121	Jan Willem Bolderdijk	M	21:38 (63)	1:15:26 (10)	50:57 (26)	2:28:02	22:17
17.	180	Michael Verboom	M	18:36 (24)	1:17:13 (16)	52:32 (34)	2:28:22	22:37
18.	104	Arend-Jan van de Hoek	M	19:30 (36)	1:21:24 (35)	47:37 (14)	2:28:32	22:47
19.	194	Carin Ceelaert	V	19:45 (39)	1:18:55 (22)	49:55 (23)	2:28:36	22:51
20.	126	Jan van der Meij	M	21:34 (62)	1:20:00 (29)	47:06 (12)	2:28:41	22:56
21.	177	Herman Oostra	M	18:49 (27)	1:17:27 (17)	53:02 (38)	2:29:19	23:34
22.	149	Jelle Wijnja	M	21:30 (60)	1:21:39 (38)	46:28 (7)	2:29:37	23:52
23.	154	Jouke Janze	M	16:46 (8)	1:20:17 (31)	52:46 (36)	2:29:51	24:06
24.	185	Renate Post	V	18:29 (21)	1:17:31 (18)	53:50 (44)	2:29:51	24:06
25.	135	Theo Wolfs	M	19:47 (40)	1:19:57 (28)	50:52 (25)	2:30:37	24:52
26.	105	Jurian Elstgeest	M	18:40 (26)	1:19:32 (27)	52:49 (37)	2:31:02	25:17
27.	186	Suzanne van Gelder	V	20:01 (44)	1:16:49 (14)	54:30 (49)	2:31:22	25:37
28.	171	Martin Langevoord	M	18:53 (29)	1:18:41 (19)	54:07 (46)	2:31:42	25:57
29.	164	Bastian Jansen	M	20:43 (51)	1:23:21 (43)	49:07 (20)	2:33:12	27:27
30.	153	Hielke Nienhuis	M	23:42 (81)	1:21:34 (37)	47:57 (15)	2:33:14	27:29
31.	132	Gerco Slotman	M	22:23 (67)	1:21:15 (34)	50:13 (24)	2:33:52	28:07
32.	159	Peter Lelijveld	M	21:28 (58)	1:20:36 (32)	51:50 (29)	2:33:55	28:10
33.	160	Robert ten Wolde	M	17:47 (10)	1:22:12 (39)	53:57 (45)	2:33:57	28:12
34.	134	Ron Kuper	M	18:58 (32)	1:23:40 (45)	52:23 (33)	2:35:02	29:17
35.	156	Henk van der Vegt	M	21:03 (55)	1:21:26 (36)	53:21 (42)	2:35:51	30:06
36.	165	Vincent Dirkes	M	18:32 (22)	1:18:53 (20)	59:01 (61)	2:36:26	30:41
37.	127	Guus Hoekstra	M	23:29 (75)	1:20:50 (33)	52:13 (31)	2:36:33	30:48
38.	147	Nathalie van der Salm	V	18:39 (25)	1:25:17 (53)	53:20 (40)	2:37:18	31:33
39.	152	Bart Stiggelbout	M	19:37 (38)	1:23:55 (49)	54:27 (47)	2:38:00	32:15
40.	166	Ebe van der Molen	M	18:33 (23)	1:27:26 (58)	52:14 (32)	2:38:13	32:28
41.	172	Ronald Ernens	M	18:09 (16)	1:25:56 (54)	54:46 (50)	2:38:52	33:07
42.	167	Gerrit ten Brinke	M	23:18 (72)	1:22:20 (40)	53:15 (39)	2:38:55	33:10
43.	157	Laas Bonnema	M	22:19 (66)	1:23:30 (44)	53:48 (43)	2:39:39	33:54
44.	150	Edwin Dollekamp	M	20:01 (43)	1:30:55 (69)	48:45 (17)	2:39:41	33:56
45.	189	Janine Herweijer	V	21:29 (59)	1:19:31 (26)	59:12 (63)	2:40:13	34:28
46.	138	Remco Bosma	M	19:02 (34)	1:27:05 (57)	54:28 (48)	2:40:36	34:51
47.	195	Gea Hut	V	20:24 (47)	1:24:22 (50)	56:25 (53)	2:41:12	35:27
48.	101	Wim Boonstra	M	19:10 (35)	1:24:28 (51)	57:44 (57)	2:41:23	35:38
49.	163	Tonnie Rolink	M	18:24 (19)	1:24:59 (52)	58:12 (59)	2:41:36	35:51
50.	169	Alex Hoekstra	M	18:04 (14)	1:26:13 (56)	57:24 (56)	2:41:42	35:57
51.	141	Mark Klijs	M	20:22 (46)	1:30:01 (65)	51:41 (28)	2:42:06	36:21
52.	128	Wilma de Vries	V	18:56 (31)	1:29:57 (64)	53:20 (41)	2:42:14	36:29
53.	174	Roel Klungel	M	20:15 (45)	1:27:41 (59)	55:09 (51)	2:43:07	37:22
54.	119	Piet Alkema	M	20:54 (53)	1:23:43 (46)	58:58 (60)	2:43:36	37:51
55.	184	Djoeke Brons	V	21:32 (61)	1:22:54 (41)	1:00:08 (66)	2:44:35	38:50
56.	136	Mikhail Kireev	M	20:34 (48)	1:35:53 (80)	48:09 (16)	2:44:37	38:52
57.	187	Franciska Schutter	V	26:54 (87)	1:19:19 (25)	1:00:53 (70)	2:47:07	41:22

58.	183	Patricia Seinen	V	23:35 (77)	1:26:08 (55)	57:53 (58)	2:47:38	41:53
59.	109	Rubert Homan	M	19:34 (37)	1:27:52 (60)	1:00:48 (68)	2:48:15	42:30
60.	110	Ruben Veld	M	20:44 (52)	1:23:52 (48)	1:04:31 (77)	2:49:08	43:23
61.	123	Arjan Elling	M	22:51 (68)	1:38:31 (83)	49:00 (19)	2:50:23	44:38
62.	158	Sebastiaan Boerema	M	23:15 (71)	1:23:48 (47)	1:03:37 (73)	2:50:41	44:56
63.	133	Marcel Ammeraal	M	23:30 (76)	1:27:56 (61)	59:32 (65)	2:50:59	45:14
64.	193	Sarah Freytag	V	18:02 (13)	1:32:25 (71)	1:00:41 (67)	2:51:10	45:25
65.	112	Pieter van der Meer	M	27:13 (88)	1:33:23 (75)	51:00 (27)	2:51:37	45:52
66.	190	Jorinde van der Laan	V	17:04 (9)	1:31:58 (70)	1:03:37 (74)	2:52:40	46:55
67.	173	Chris Hartsema	M	19:57 (42)	1:35:48 (79)	57:13 (55)	2:52:59	47:14
68.	139	Alex Bloemsma	M	18:28 (20)			2:53:01	47:16
69.	151	Simcha Groothuis	M	23:49 (82)	1:29:54 (63)	59:21 (64)	2:53:05	47:20
70.	137	Mark b Vallender	M	23:23 (74)	1:32:46 (73)	59:02 (62)	2:55:12	49:27
71.	146	Jan Hooge	M	22:12 (65)	1:37:07 (82)	56:06 (52)	2:55:25	49:40
72.	191	Karla Schipper	V	21:43 (64)	1:32:37 (72)	1:01:30 (71)	2:55:52	50:07
73.	192	Sandra van Diemen	V	26:13 (84)	1:22:58 (42)	1:06:57 (81)	2:56:09	50:24
74.	145	Sjon de Haan	M	21:11 (56)	1:34:50 (78)	1:00:49 (69)	2:56:51	51:06
75.	131	Jantje van de Werf	V	20:34 (49)	1:30:09 (66)	1:07:06 (82)	2:57:50	52:05
76.	102	Erik van der Straat	M	18:20 (18)	1:28:47 (62)	1:12:21 (84)	2:59:29	53:44
77.	107	Maarten Droogendijk	M	20:58 (54)	1:34:35 (77)	1:07:43 (83)	3:03:18	57:33
78.	111	Henk Hoppen	M	23:20 (73)	1:34:34 (76)	1:05:29 (79)	3:03:25	57:40
79.	103	Pieter Cremer	M	26:46 (86)	1:33:05 (74)	1:04:33 (78)	3:04:24	58:39
80.	100	Robert van Zanten	M	28:03 (89)	1:30:45 (68)	1:05:40 (80)	3:04:30	58:45
81.	188	Anouschka Schipper	V	26:31 (85)	1:43:33 (85)	1:04:12 (76)	3:14:17	1:08:32
82.	182	Lucy de Vries-Buurman	V	23:37 (78)	1:49:11 (87)	1:01:57 (72)	3:14:46	1:09:01
83.	117	Olav Schuth	M	23:38 (79)	1:47:41 (86)	1:04:08 (75)	3:15:28	1:09:43
84.	130	Willem Steunenberg	M	22:52 (69)	1:43:02 (84)	1:14:13 (85)	3:20:07	1:14:22
85.	181	Chang Hao Hsieh	M	29:36 (90)	2:00:56 (88)	56:31 (54)	3:27:04	1:21:19
	124	Ronald Flikkema	M	26:02 (83)	1:36:49 (81)		DNF	
	142	Bouke Tjeerdsma	M	17:50 (11)	1:12:08 (5)		DNF	
	155	Richard Hulzebosch	M	23:41 (80)	1:30:26 (67)		DNF	
	175	Jort van Zutphen	M	21:12 (57)	1:15:44 (12)		DNF	
	125	Edser Kuiper	M	15:35 (3)			DNF	

## Kwart Estafette

		Zwemmen	Fietsen	Lopen	Totaal	Achter
1.	336 Gsr Aegir (Rutger Mollee, Thomas Snaaijer, Marc Wissing)	15:48 (1)	1:11:13 (3)	44:03 (2)	2:11:05	
2.	332 Brinkies (Goof van den Brink, Cors van den Brink, Huub van den Brink)	19:21 (4)	1:20:58 (5)	42:18 (1)	2:22:37	11:32
3.	328 Afterpartees (Diana Lourens, Klaas Torensma, Rene Veenstra)	20:40 (5)			2:25:39	14:34
4.	340 Stoppeltjes (Desanka Stoppels, Johny Stoppels, Johny Stoppels)	18:53 (3)	1:18:02 (4)	57:56 (6)	2:34:52	23:47
5.	338 Iron Elim (Marcel Gehrels, Dennis van Marle, Jan van der Bijl)	23:25 (9)			2:35:23	24:18
6.	346 The Graduates (Vicky Beckers, Luuk Poort, Jochem Meijer)	23:02 (8)	1:30:10 (8)	49:34 (3)	2:42:47	31:42
7.	344 Ter Amplum (Irini Vossos, Jacco Spoelder, Gijs van der Woerd)	21:28 (6)	1:30:51 (9)	52:23 (5)	2:44:44	33:39
8.	326 7-Zuid-Reunited (Jos Oosterom, Martin Jaspers, Chris Smit)	17:41 (2)	1:25:09 (7)	1:03:02 (7)	2:45:53	34:48
9.	342 Team Bop (Ester Bosma, Dennie Oosterbaan, Karen Polman)	21:44 (7)	1:22:11 (6)	1:04:00 (8)	2:47:56	36:51
10.	330 Aloha SuperCriticalBoomBoom (Vincent Bloemen, Sjoerd Wester, Ids Tuinstra)	26:45 (11)	1:47:14 (11)	49:51 (4)	3:03:51	52:46
11.	334 Buurtjes (Marcel Niemeijer, Jolanda Raven, Monique Niemeijer-DeLange)	26:29 (10)	1:34:12 (10)	1:04:20 (9)	3:05:02	53:57

## Achtste Triathlon

				Zwemmen	Fietsen	Lopen	Totaal	Achter	
1.	244	Henk Jan Dolsma	M	07:03 (4)	37:23 (1)	20:21 (1)	1:04:49		
2.	242	Erik Schroder	M	06:40 (1)	39:22 (5)	21:29 (6)	1:07:32	02:43	
3.	257	Florian Schmidt	M	08:06 (8)	39:13 (4)	20:24 (2)	1:07:44	02:55	
4.	301	Sander Hooegeveen	M	NSK	39:02 (3)	22:13 (10)	1:08:02	03:13	
5.	310	Karst Venema	M	NSK	39:49 (6)	21:33 (7)	1:08:23	03:34	
6.	308	Wilbert Grooters	M	NSK	07:21 (5)	38:38 (2)	22:37 (13)	1:08:37	03:48
7.	309	Duco van der Kuijl	M	NSK	08:23 (11)	41:29 (14)	20:36 (3)	1:10:29	05:40
8.	208	Mathijs van Ark	M		10:01 (32)	41:23 (11)	21:00 (5)	1:12:26	07:37
9.	312	Martine Bruinsma	V	NSK	07:38 (6)	41:00 (8)	23:53 (25)	1:12:32	07:43
10.	300	Jos Wilbrink	M	NSK	09:14 (22)	40:45 (7)	23:03 (17)	1:13:03	08:14
11.	302	Edwin Dasselaar	M	NSK	09:16 (23)	41:27 (13)	22:19 (12)	1:13:03	08:14
12.	205	Chris Kouwenhoven	M		08:43 (15)	41:12 (9)	24:05 (29)	1:14:01	09:12
13.	243	Rense Veenstra	M		09:43 (29)	41:24 (12)	23:28 (22)	1:14:36	09:47
14.	216	Berry van Holland	M		07:50 (7)	43:03 (20)	24:03 (27)	1:14:57	10:08
15.	258	Hans Hiemstra	M		09:58 (30)	43:06 (21)	22:42 (15)	1:15:47	10:58
16.	202	Anne Jan Dam	M		09:41 (28)	42:25 (17)	23:55 (26)	1:16:02	11:13
17.	236	Dennis Wennemars	M		11:00 (46)	41:41 (15)	23:31 (23)	1:16:13	11:24
18.	289	Robert Jan Oosterling	M		08:07 (9)	46:24 (39)	21:54 (9)	1:16:25	11:36
19.	217	Erik Verburg	M		08:34 (13)	45:12 (32)	22:56 (16)	1:16:44	11:55
20.	232	Maarten de Ruiter	M		12:02 (65)	42:47 (19)	22:14 (11)	1:17:03	12:14
21.	307	Thijs Hekman	M	NSK	09:06 (20)	44:31 (27)	23:25 (21)	1:17:03	12:14
22.	320	Hilde van Loo	V	NSK	08:43 (16)	45:12 (31)	23:18 (18)	1:17:14	12:25
23.	306	Ruben Dalfsen	M	NSK	08:50 (17)	41:59 (16)	26:32 (49)	1:17:22	12:33
24.	252	Wouter Visch	M		10:24 (37)	43:56 (23)	23:34 (24)	1:17:54	13:05
25.	245	Zeger Zeilemaker	M		09:31 (25)	47:01 (51)	21:47 (8)	1:18:20	13:31
26.	311	Gert-Paul van der Beek	M	NSK	11:00 (45)	44:46 (29)	22:37 (14)	1:18:24	13:35
27.	305	Rutger Duursma	M	NSK	08:51 (18)	44:21 (26)	25:40 (38)	1:18:53	14:04
28.	304	Martijn Knevelbaard	M	NSK	09:32 (26)	41:23 (10)	28:03 (62)	1:18:59	14:10
29.	227	Arjan Koop	M		10:05 (33)	44:15 (24)	25:32 (37)	1:19:53	15:04
30.	275	Berber Bergsma	V		09:25 (24)	45:30 (33)	25:01 (35)	1:19:58	15:09
31.	224	Harm Willem Koning	M		10:29 (40)	43:12 (22)	26:16 (46)	1:19:59	15:10
32.	268	Jansien van Dijk	V		08:39 (14)	44:52 (30)	26:36 (51)	1:20:08	15:19
33.	249	Rob Bos	M		10:40 (41)	45:44 (35)	24:25 (31)	1:20:50	16:01
34.	230	Mathijs Dun	M		13:12 (92)	44:16 (25)	23:22 (19)	1:20:50	16:01
35.	317	Linda Ebbinge	V	NSK	10:45 (43)	46:37 (44)	24:49 (32)	1:22:13	17:24
36.	201	Jelmer Rijkens	M		13:18 (93)	48:38 (62)	20:37 (4)	1:22:34	17:45
37.	290	Marleen Aussems	V		12:12 (71)	42:40 (18)	27:42 (58)	1:22:35	17:46
38.	210	Roelof Berends	M		14:59 (103)	44:36 (28)	23:23 (20)	1:22:59	18:10
39.	241	Wim de Hek	M		12:00 (62)	46:40 (45)	24:51 (33)	1:23:31	18:42
40.	238	Jeroen van den Broek	M		10:55 (44)	46:26 (40)	26:12 (43)	1:23:34	18:45
41.	260	Adri Rink	M		12:18 (72)	46:29 (42)	24:52 (34)	1:23:40	18:51
42.	313	Mariska Winter	V	NSK	08:22 (10)	46:50 (48)	28:30 (66)	1:23:44	18:55
43.	204	Ronald Meier	M		11:02 (48)	46:57 (49)	26:01 (42)	1:24:01	19:12
44.	250	Freddy Hoogheem	M		10:14 (34)	47:30 (57)	26:51 (53)	1:24:36	19:47
45.	247	Frank Meeringa	M		11:32 (52)	46:43 (46)	26:27 (48)	1:24:43	19:54
46.	235	Jesse Harder	M		11:39 (56)	46:31 (43)	26:33 (50)	1:24:44	19:55
47.	255	Harold Hulst	M		10:00 (31)	50:41 (71)	24:03 (28)	1:24:45	19:56
48.	319	Lieke ten Hove	V	NSK	10:23 (35)	46:02 (36)	28:35 (69)	1:25:01	20:12
49.	271	Yvonne de Jong	V		12:59 (88)	46:58 (50)	25:10 (36)	1:25:08	20:19
50.	291	Anne Steegstra	M		12:49 (82)	47:13 (54)	25:45 (39)	1:25:48	20:59
51.	263	Jens Rasmussen	M		11:11 (49)	49:06 (63)	25:57 (41)	1:26:14	21:25
52.	273	Susan van Milligen	V		11:45 (58)	45:37 (34)	28:59 (71)	1:26:21	21:32
53.	266	Astrid Wijnsma	V		10:24 (38)	47:15 (55)	28:53 (70)	1:26:33	21:44
54.	206	Arnoud Kuiling	M		12:11 (70)	47:55 (60)	26:57 (54)	1:27:04	22:15
55.	314	Elsemieke Stokman	V	NSK	12:01 (64)	47:08 (52)	28:04 (63)	1:27:14	22:25
56.	211	Ingo Heidrich	M		12:10 (68)	51:01 (73)	24:07 (30)	1:27:19	22:30
57.	296	Irma Meijering	V		09:36 (27)	47:33 (58)	30:15 (80)	1:27:25	22:36

58.	256	Ingmar Hoekstra	M		13:49 (98)	48:25 (61)	25:48 (40)	1:28:03	23:14
59.	265	Evelien Runge	V		12:47 (80)	49:09 (64)	26:14 (45)	1:28:12	23:23
60.	239	Fopko Bouwkamp	M		12:41 (77)	47:22 (56)	28:15 (64)	1:28:20	23:31
61.	207	Willem-Friso Woudenberg	M		11:52 (60)	46:29 (41)	30:05 (78)	1:28:27	23:38
62.	218	Tuzo de Haan	M		11:30 (51)	51:02 (74)	26:19 (47)	1:28:52	24:03
63.	297	Anouk Wennemars	V		10:27 (39)	50:07 (69)	28:33 (68)	1:29:07	24:18
64.	233	Niek Huizenga	M		13:48 (97)	46:16 (38)	29:38 (74)	1:29:43	24:54
65.	234	Gert Jan van den Berg	M		12:39 (76)	47:12 (53)	29:57 (77)	1:29:50	25:01
66.	219	Jan-Willem Aikens	M		11:45 (59)	51:19 (75)	27:39 (57)	1:30:44	25:55
67.	262	Martin Willems	M		11:37 (55)	52:31 (81)	26:43 (52)	1:30:51	26:02
68.	246	Alnout Koedijk	M		11:01 (47)	51:36 (77)	28:32 (67)	1:31:10	26:21
69.	318	Rianne Hooiveld	V	NSK	08:32 (12)	52:07 (79)	30:46 (82)	1:31:26	26:37
70.	284	Willemien Kuipers	V		15:16 (104)	47:40 (59)	28:30 (65)	1:31:28	26:39
71.	294	Carmen Scholte Lubberink	V		10:23 (36)	50:34 (70)	30:30 (81)	1:31:29	26:40
72.	222	Erwin Kramer	M		14:32 (101)	49:26 (66)	28:01 (60)	1:32:00	27:11
73.	237	Bas van der Lee	M		12:55 (86)	53:15 (85)	26:14 (44)	1:32:25	27:36
74.	277	Henriet Scholts	V		12:10 (69)	53:07 (84)	27:15 (56)	1:32:34	27:45
75.	267	Anne Meijnderts	V		12:43 (79)	53:23 (86)	27:06 (55)	1:33:13	28:24
76.	286	Ilse Russcher	V		13:03 (90)	46:50 (47)	33:39 (98)	1:33:33	28:44
77.	295	Rob Laan	M		14:55 (102)	49:09 (65)	29:30 (72)	1:33:36	28:47
78.	254	Jaap Meijering	M		12:48 (81)	49:53 (67)	31:12 (84)	1:33:54	29:05
79.	209	Eppie Oosterhuis	M		13:35 (95)	52:34 (82)	28:03 (61)	1:34:13	29:24
80.	259	Peter den Ouden	M		09:09 (21)	52:53 (83)	32:16 (91)	1:34:18	29:29
81.	303	Thomas Cramer	M	NSK	12:42 (78)	46:04 (37)	35:50 (101)	1:34:38	29:49
82.	316	Lilian van Stratum	V	NSK	11:52 (61)	50:51 (72)	31:59 (90)	1:34:44	29:55
83.	293	Margriet Visser	V		10:42 (42)	52:30 (80)	31:58 (89)	1:35:12	30:23
84.	292	Kiki Boomgaard	V		12:30 (75)	53:25 (87)	29:41 (76)	1:35:37	30:48
85.	315	Wilma de Groot	V	NSK	12:09 (67)	52:03 (78)	31:31 (85)	1:35:44	30:55
86.	278	Annemarie van Harten	V		12:58 (87)	50:06 (68)	33:25 (97)	1:36:30	31:41
87.	240	Erwin Laanstra	M		13:00 (89)	54:16 (94)	29:35 (73)	1:36:52	32:03
88.	203	Rieke Heida	M		12:52 (83)	53:50 (90)	31:00 (83)	1:37:43	32:54
89.	231	Jan Pieter Visscher	M		17:16 (109)	51:30 (76)	29:38 (75)	1:38:25	33:36
90.	321	Rosanne Riemersma	V	NSK	12:55 (84)	56:03 (96)	30:07 (79)	1:39:05	34:16
91.	220	Dorien Zelle	M		12:55 (85)	53:48 (89)	32:27 (93)	1:39:11	34:22
92.	283	Sylia Hofland	V		13:31 (94)	54:19 (95)	31:39 (87)	1:39:29	34:40
93.	285	Marleen Runge	V		13:10 (91)	54:07 (92)	32:25 (92)	1:39:44	34:55
94.	264	Geja Boomsma-Vos	V		11:43 (57)	57:23 (100)	31:51 (88)	1:40:58	36:09
95.	282	Elisabeth van Harten	V		13:40 (96)	53:44 (88)	34:02 (99)	1:41:27	36:38
96.	229	Marcel Boomstra	M		15:20 (106)	53:54 (91)	32:33 (94)	1:41:47	36:58
97.	214	Bram Kuip	M		12:05 (66)	57:22 (99)	33:00 (96)	1:42:28	37:39
98.	226	Nick Boersma	M		12:19 (73)	57:51 (101)	32:58 (95)	1:43:09	38:20
99.	223	Robbert-Jan Bakker	M		15:18 (105)	56:18 (97)	31:37 (86)	1:43:14	38:25
100.	212	Thomas de Weme	M		20:00 (110)	59:22 (102)	27:48 (59)	1:47:11	42:22
101.	215	Erik de Boer	M		13:52 (99)	57:13 (98)	38:46 (103)	1:49:52	45:03
102.	280	Josien Vegter	V		15:53 (108)	1:01:33 (103)	37:29 (102)	1:54:57	50:08
103.	225	Arthur Kruize	M		15:50 (107)	1:06:40 (105)	35:20 (100)	1:57:51	53:02
104.	274	Daphne Oude Veldhuis	V		14:32 (100)	1:05:39 (104)	46:07 (104)	2:06:19	1:01:30
105.	248	Bert Plat	M		11:37 (54)	1:19:59 (106)	53:21 (105)	2:24:58	1:20:09
106.	287	Anne-Thérèse Plat	V		11:36 (53)	1:20:00 (107)	53:22 (106)	2:24:58	1:20:09
	251	Geert Dekens	M						DNF
	221	Peter Nieuwold	M		12:21 (74)	54:14 (93)			DNF
	269	Nicky Del Grosso	V		12:00 (63)	1:20:48 (108)			DNF
	253	Jelle van Harsseelaar	M		11:19 (50)				DNF
	272	Milly Martin	V		08:56 (19)				DNF

## Achtste Estafette

	Zwemmen	Fietsen	Lopen	Totaal	Achter
1. 351 Team Awesome (Mirjan van Dijk, Ingrid Jansen, Theo Kik)	10:12 (2)	44:45 (1)	21:29 (1)	1:16:27	
2. 355 Zusjes Kamminga (Fenna Kamminga, Gwen Kamminga, Anne Hobbelt)	11:06 (3)	46:29 (2)	22:07 (2)	1:19:43	03:16
3. 353 Tri Out! (Jolien Bergsma, Christa Vogel, Hannah Bijlsma)	09:51 (1)	50:50 (3)	26:29 (3)	1:27:12	10:45