

## Kwart Triathlon - M

				Zwemmen	Fietsen	Lopen	Totaal	Achter	
1.	623	Niek Zeilstra	Franeker	M	14:31 (1)	1:09:55 (2)	42:16 (3)	2:06:44	
2.	601	Bob Tjaarda	Groningen	M	16:00 (3)	1:07:50 (1)	48:52 (18)	2:12:43	05:59
3.	597	Harm-Jan Stuu	Groningen	M	17:27 (16)	1:12:43 (6)	45:29 (5)	2:15:40	08:56
4.	624	Jort van Zutphen	Weidum	M	19:44 (48)	1:14:51 (10)	41:41 (2)	2:16:17	09:33
5.	512	Mark Bossinga	Haren	M	17:24 (15)	1:15:46 (15)	45:11 (4)	2:18:22	11:38
6.	599	Erik-Jan Thalen	Roden	M	20:33 (61)	1:10:11 (3)	48:13 (15)	2:18:58	12:14
7.	615	Edwin Wiersema	Eelde	M	17:37 (22)	1:11:50 (4)	50:17 (24)	2:19:45	13:00
8.	618	Maarten Witteman	Den Haag	M	19:27 (44)	1:18:51 (27)	41:35 (1)	2:19:53	13:09
9.	501	Jos van Barneveld	Heerenveen	M	19:04 (40)	1:14:22 (9)	47:29 (8)	2:20:56	14:12
10.	540	Arend-Jan van de Hoek	Nieuwleusen	M	17:53 (27)	1:17:04 (18)	46:20 (7)	2:21:18	14:33
11.	583	Niels Rijsenbrij	Purmerend	M	17:11 (10)	1:13:21 (7)	51:10 (30)	2:21:42	14:58
12.	606	Bram Verbout	Maarssenbroek	M	16:22 (4)	1:12:36 (5)	52:58 (41)	2:21:56	15:12
13.	567	Klaas Jan Miedema	Goutum	M	17:35 (20)	1:16:30 (17)	48:35 (16)	2:22:41	15:57
14.	570	Jan-Jouke Mulder	Groningen	M	19:53 (50)	1:15:45 (13)	47:51 (9)	2:23:29	16:45
15.	605	Willi-Jan Veltman	Leeuwarden	M	17:23 (14)	1:19:23 (30)	47:55 (11)	2:24:41	17:57
16.	616	Jos Wilbrink	Groningen	M	19:05 (41)	1:15:38 (11)	50:10 (23)	2:24:55	18:10
17.	538	Mark van den Heuvel	Peize	M	16:00 (2)	1:16:15 (16)	53:46 (46)	2:26:01	19:17
18.	517	Airton Del Prado		M	17:30 (18)	1:20:01 (33)	48:52 (17)	2:26:24	19:40
19.	602	Werner Urbanus	Maassluis	M	19:56 (51)	1:13:37 (8)	52:53 (39)	2:26:27	19:42
20.	522	Arjan Elling	Vries	M	19:37 (46)	1:18:53 (28)	48:00 (12)	2:26:31	19:46
21.	568	Pieter Miedema	Leeuwarden	M	18:30 (32)	1:17:56 (21)	50:40 (27)	2:27:06	20:22
22.	546	Bastian Jansen	Utrecht	M	20:05 (54)	1:19:19 (29)	47:55 (10)	2:27:19	20:35
23.	565	Jan van der Meij	Berlikum	M	20:42 (63)	1:18:16 (22)	49:29 (21)	2:28:28	21:44
24.	556	Michail Koning	Utrecht	M	21:16 (69)	1:21:29 (46)	45:56 (6)	2:28:42	21:57
25.	521	Dirk van Eekelen	Mijdrecht	M	20:43 (64)	1:17:04 (19)	51:19 (32)	2:29:08	22:23
26.	533	Ronald vd Haak	Aduard	M	19:26 (43)	1:20:55 (39)	49:11 (20)	2:29:33	22:49
27.	551	Casper van de Kamp	Nes Ameland	M	19:06 (42)	1:20:47 (38)	50:17 (25)	2:30:11	23:27
28.	549	Jeremy Johnson	Groningen	M	18:16 (31)	1:19:55 (32)	52:09 (34)	2:30:21	23:36
29.	585	Maarten de Ruiter	Groningen	M	21:36 (73)	1:18:28 (25)	50:44 (28)	2:30:49	24:05
30.	524	Huib van Engelen	Bad Bentheim	M	18:59 (36)	1:21:04 (43)	50:47 (29)	2:30:50	24:06
31.	511	Jan Willem de Bos	Groningen	M	17:58 (28)	1:15:45 (14)	57:36 (71)	2:31:20	24:36
32.	600	Robert van Til	Pijnacker	M	21:49 (77)	1:20:56 (40)	49:31 (22)	2:32:17	25:32
33.	520	Thomas Duijzer	Heiloo	M	19:30 (45)	1:22:49 (55)	50:22 (26)	2:32:42	25:58
34.	509	Laszlo Borocz	Wedde	M	17:48 (25)	1:21:59 (48)	53:13 (43)	2:33:02	26:18
35.	552	Jannes Kamphuis	Bellingwoldw	M	17:22 (13)	1:27:46 (78)	48:11 (14)	2:33:19	26:35
36.	582	Frits Riemersma	Haren	M	20:18 (56)	1:17:12 (20)	56:05 (65)	2:33:35	26:50
37.	564	Ronald Meier	Groningen	M	18:00 (30)	1:21:46 (47)	54:00 (47)	2:33:47	27:02
38.	580	Raymund Prins	Groningen	M	20:39 (62)	1:18:26 (24)	54:52 (58)	2:33:58	27:14
39.	620	Robert ten Wolde	Nijeveen	M	17:29 (17)	1:21:09 (44)	55:50 (63)	2:34:29	27:45
40.	525	Ronald Ernens	Rolde	M	17:35 (21)	1:23:01 (57)	54:17 (52)	2:34:54	28:10
41.	536	Henk Heemskerck	Groniungen	M	18:32 (34)	1:23:49 (59)	52:41 (37)	2:35:03	28:19
42.	566	Taco van der Meulen	Groningen	M	21:29 (71)	1:22:41 (54)	51:51 (33)	2:36:02	29:18
43.	535	Jesse Harder	Groningen	M	20:54 (67)	1:20:05 (34)	55:26 (61)	2:36:26	29:41
44.	548	Jouke Janze	Groningen	M	16:42 (5)	1:22:31 (51)	57:12 (70)	2:36:26	29:41
45.	625	Klaas Zwaagman	Groningen	M	20:50 (65)	1:22:56 (56)	52:53 (40)	2:36:41	29:56
46.	516	Thijs Copini	Den Haag	M	19:02 (38)	1:22:13 (49)	55:58 (64)	2:37:14	30:30
47.	555	Alnout Koedijk	Groningen	M	17:43 (23)	1:20:29 (36)	59:16 (76)	2:37:28	30:44
48.	541	A Hoekstra	Winsum	M	17:10 (9)	1:24:15 (61)	56:12 (66)	2:37:37	30:53
49.	610	Bart Jan Vos	Groningen	M	22:28 (85)	1:22:38 (53)	53:05 (42)	2:38:12	31:27
50.	621	Bart Wolters	Eelde	M	18:50 (35)	1:25:45 (66)	53:40 (45)	2:38:15	31:31
51.	562	Thomas Maas	Utrecht	M	23:44 (98)	1:22:26 (50)	52:16 (35)	2:38:27	31:43
52.	537	Maurits van der Heijde	Onstwedde	M	19:37 (47)	1:19:32 (31)	59:27 (77)	2:38:38	31:53
53.	504	Roelof Berends	Oudeschip	M	26:13 (108)	1:20:58 (41)	52:25 (36)	2:39:37	32:53
54.	614	Gertjan Wessels	Enschede	M	20:19 (57)	1:25:23 (64)	54:09 (48)	2:39:51	33:07
55.	543	Rubert Homan	Haren	M	19:49 (49)	1:21:11 (45)	59:08 (75)	2:40:10	33:25

56.	510	Maarten Bosch	Amstelveen	M	20:51 (66)	1:26:50 (70)	54:49 (56)	2:42:31	35:46
57.	527	Sam Feringa	Roden	M	19:03 (39)	1:25:26 (65)	59:58 (81)	2:44:27	37:43
58.	500	Marcel Ammeraal	Hoogezand	M	22:00 (82)	1:26:18 (68)	56:35 (67)	2:44:54	38:09
59.	592	Edwin Schrottenboer	Emmeloord	M	20:29 (60)	1:27:23 (73)	57:04 (68)	2:44:57	38:12
60.	554	Hans-Jurgen Knappmann	Espel	M	17:52 (26)	1:27:30 (74)	1:00:29 (86)	2:45:53	39:08
61.	505	Gert Jan van den Berg	Groningen	M	20:00 (53)	1:22:37 (52)	1:03:31 (94)	2:46:09	39:25
62.	502	Stephan Benninga	Groningen	M	23:04 (93)	1:28:43 (80)	55:03 (59)	2:46:51	40:07
63.	607	Roland Vincent	Den Hoorn	M	22:49 (88)	1:28:39 (79)	55:34 (62)	2:47:03	40:18
64.	588	Huibert Scholtens	Groningen	M	23:03 (92)	1:29:42 (83)	54:23 (53)	2:47:09	40:24
65.	539	Jan Hiemstra	Eelde	M	26:50 (110)	1:26:20 (69)	54:50 (57)	2:48:01	41:17
66.	579	Milutin Pavlicic	Groningen	M	20:00 (52)	1:27:21 (72)	1:01:03 (88)	2:48:25	41:40
67.	603	Leonardo Veen	Groningen	M	24:22 (103)	1:25:22 (63)	59:28 (78)	2:49:14	42:29
68.	572	Leonard Noordhof	Groningen	M	22:11 (83)	1:30:07 (85)	58:00 (72)	2:50:20	43:35
69.	595	Jeroen Smits	Den Burg	M	20:24 (58)	1:37:54 (106)	52:49 (38)	2:51:07	44:23
70.	577	Sido Overdijk	Den Burg Texel	M	22:45 (86)	1:33:56 (95)	54:26 (54)	2:51:08	44:23
71.	584	Remco Riswick	Groningen	M	24:11 (102)	1:33:03 (92)	54:12 (51)	2:51:26	44:42
72.	545	Henk Hoppen	Groningen	M	21:34 (72)	1:29:30 (82)	1:02:00 (92)	2:53:05	46:20
73.	573	Richard Nusteling	Ridderkerk	M	23:17 (94)	1:32:45 (90)	57:06 (69)	2:53:09	46:25
74.	547	Frank Jansen	Groningen	M	26:39 (109)	1:31:58 (89)	54:38 (55)	2:53:16	46:31
75.	563	Martijn Meier	Appingedam	M	17:46 (24)	1:31:42 (88)	1:04:04 (95)	2:53:33	46:49
76.	622	Robert van Zanten	Eelderwolde	M	22:47 (87)	1:30:26 (86)	1:01:30 (89)	2:54:44	47:59
77.	576	Arnoud Otten	Groningen	M	21:39 (74)	1:27:34 (75)	1:07:05 (101)	2:56:19	49:34
78.	574	Douwe Oppewal	Peizermade	M	21:52 (79)	1:36:50 (101)	1:00:23 (85)	2:59:05	52:21
79.	604	Wouter van der Veen	Groningen	M	22:12 (84)	1:33:03 (93)	1:04:21 (96)	2:59:37	52:52
80.	542	Alexander Hoffman	Weesp	M	28:27 (116)	1:33:32 (94)	1:00:16 (83)	3:02:15	55:31
81.	518	Valentijn De Jong	Utrecht	M	21:50 (78)	1:34:58 (97)	1:06:59 (100)	3:03:48	57:03
82.	514	David van Burken	Koekange	M	25:54 (106)	1:32:50 (91)	1:05:08 (98)	3:03:52	57:08
83.	558	Dirk Kruijs	Groningen	M	21:15 (68)	1:37:15 (103)	1:08:09 (105)	3:06:39	59:55
84.	590	Tim Schouwenaar	Huizen	M	28:25 (115)	1:39:16 (109)	1:00:00 (82)	3:07:42	1:00:57
85.	617	Mark Winters	Eelderwolde	M	27:02 (113)	1:40:37 (112)	1:01:38 (90)	3:09:18	1:02:34
86.	503	Kees Benus	Tolbert	M	24:02 (100)	1:37:48 (105)	1:08:51 (106)	3:10:43	1:03:58
87.	531	Jeroen Griffioen	Amersfoort	M	27:08 (114)	1:36:10 (99)	1:07:23 (102)	3:10:43	1:03:58
88.	526	Bouke Fennema	Britsum	M	21:53 (81)	1:38:08 (107)	1:12:01 (109)	3:12:03	1:05:19
89.	609	Maarten Vlieland	Groningen	M	23:43 (97)	1:39:34 (111)	1:13:59 (110)	3:17:17	1:10:33
90.	594	Menno Siemensma	Groningen	M	25:54 (105)	1:36:35 (100)	1:14:56 (111)	3:17:25	1:10:41
91.	619	Eduard Witteveen	Groningen	M	30:46 (117)	1:44:43 (114)	1:01:57 (91)	3:17:27	1:10:43
92.	586	Sicco Santema	Driebergen	M	20:25 (59)	1:50:18 (116)	1:08:06 (104)	3:18:50	1:12:06
93.	589	Hendrik Schoo	Groningen.	M	26:57 (112)	1:37:29 (104)	1:14:56 (112)	3:19:24	1:12:39
	507	Paul Bierling	Amsterdam Zuidoost	M	26:05 (107)	1:38:15 (108)			DNF
	534	Dirk Hakvoort	Krommenie	M	18:00 (29)	1:23:54 (60)			DNF
	591	Mark Schraven	Almere	M	17:19 (11)	1:27:43 (77)			DNF
	513	Harrie Botter	Klazienaveen	M	22:53 (89)				DNF